

Attached is this week's newsletter: [Newsletter February 23rd 2024.pdf](#)

Quaker Hill Families,

Thursday, March 7<sup>th</sup>, is an early dismissal day for students (12:25 pm). The afternoon is reserved for parent/teacher conferences. Tuesday, April 2<sup>nd</sup> is professional development for all staff and no school for the students.

In November, conferences were scheduled for every student. For the March day, your child's teacher will contact you to arrange a conference if the teacher feels one is necessary. The teacher will also set up a time for you if you feel a conference is warranted. Please contact your child's teacher if you would like to schedule a conference.

These conferences are designed to provide parents and teachers an opportunity to discuss areas of weakness, where growth has been noted and how to best support the student. Although at this time of year we also begin to look toward the next school year, our staffing assignments have not been determined and won't be for quite some time. This conference time is not a time to discuss next year's placement but to focus on the current year's progress.

As always, we appreciate your support and will happily accommodate all parents who would like to set up a time to speak with their child's teacher.

-Mr. D



# Quaker Hill Elementary School

Christopher Discordia, Principal  
cdiscordia@waterfordschools.org



Last week, our Grade 5 students worked together to make an awesome snow fort.

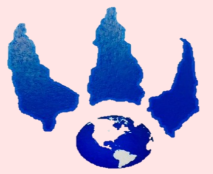
Logan in Mrs. Grgurich's class did a great job leading his class through their FUN-dations lesson last week.







# Quaker Hill News



## Week of February 26th-March 1st

Monday - D

Tuesday - A

Wednesday - B

Thursday - C

Friday - D

## Lunch Menu for the week of February 26th-March 1st

Mon: Pizza bites, marinara sauce, baby carrots, cucumber wheels, ranch dressing, apple slices, milk

Tue: Beef & cheese tacos, brown rice, salsa, fiesta beans, corn muffin, dragon punch, milk

Wed: Pancakes, syrup cup, sausage links, potato puffs, mango juice, milk

Thu: Chicken alfredo twist, steamed broccoli, diced carrots, bread stick, orange smiles, milk

Fri: Pizza square, garden salad, baby carrots, ranch dressing, apple juice, milk

## Waterford Public Schools Announces Open Registration For Incoming Kindergartners and Detailed Information on Kindergarten Waiver and Assessment Process for Early Admission Students.

Waterford Public Schools is announcing open registration for children entering Kindergarten in the upcoming 2024-2025 school year. Based on Public Act 23-208, beginning with the 2024-2025 school year, all students are required to have reached the age of five on or before September 1, 2024. This law has also been adopted into Board Policy 5015. Please see below for documentation required for Kindergarten registration:

- **Child's Birth Certificate** - Connecticut law requires public schools to be open to all children who reach the age of 5 on or before the first of September of any school year. Board of Education [Policy 5015](#).
- **Physical Examination Form** - completed and signed by the child's doctor, dated within 12 months of the date of entry into school (*please note that parents may drop off registration paperwork prior to having health assessment documentation. Health assessment documentation must be submitted prior to the start of school*)
- **Proof of Residency** - per Board of Education [Policy 5270](#); which includes a valid lease, mortgage, or residency affidavit.

Kindergarten Registration Packets are available on the Waterford Public Schools' website at [https://www.waterfordschools.org/parents\\_family/information/registration\\_forms](https://www.waterfordschools.org/parents_family/information/registration_forms) or by request via the elementary school offices (contact information listed below). To assist in projecting enrollment for the 2024-2025 school year, parents are asked to return registration paperwork to the school by March 8, 2024. Please note that incoming Kindergarten students can continue to register after the March 8<sup>th</sup> date at all of the elementary schools.

Great Neck Elementary School  
Principal: Ms. Billie Shea  
165 Great Neck Road  
Waterford, CT 06385  
860-442-2593

<https://en.waterfordschools.org>  
[bshea@waterfordschools.org](mailto:bshea@waterfordschools.org)

Oswegatchie Elementary School  
Principal: Mr. Joseph Macrino  
470 Boston Post Road  
Waterford, CT 06385  
860-442-4331

<https://osw.waterfordschools.org>  
[jmacrino@waterfordschools.org](mailto:jmacrino@waterfordschools.org)

Quaker Hill Elementary School  
Principal: Mr. Chris Discordia  
285 Bloomingdale Road  
Quaker Hill, CT 06375  
860-442-1095

<https://qh.waterfordschools.org>  
[cdiscordia@waterfordschools.org](mailto:cdiscordia@waterfordschools.org)

### Kindergarten Waiver and Assessment Process

For families affected by the new Kindergarten eligible date, in accordance with state statute, the district will assess a child who does not meet the statutory age requirement if the child's parent/guardian has submitted a written request to the principal of the school seeking early admission to the District. Waiver requests must be received by the building principal to initiate the assessment process no later than May 1<sup>st</sup> for current residents and no later than August 1<sup>st</sup> for new residents (who move in to the district after May 1). For families who have submitted a waiver request prior to the above noted deadlines, an assessment screening will be scheduled in May/June for current residents and on an ongoing basis for new residents. Screenings will assess students based on the [Connecticut Early Learning and Developmental Standards](#). Families will be contacted as soon as possible with feedback from the assessment and the recommendation from the screening team. Please see the attached Kindergarten Waiver Process for an outline of key dates and requirements.

Please note that Kindergarten orientation (see dates below) will be open to all Kindergarten eligible students as well as the students in the waiver process. Information will be sent out to parents/guardians at a later date.

Great Neck Elementary School  
K Orientation Date – May 24, 2024

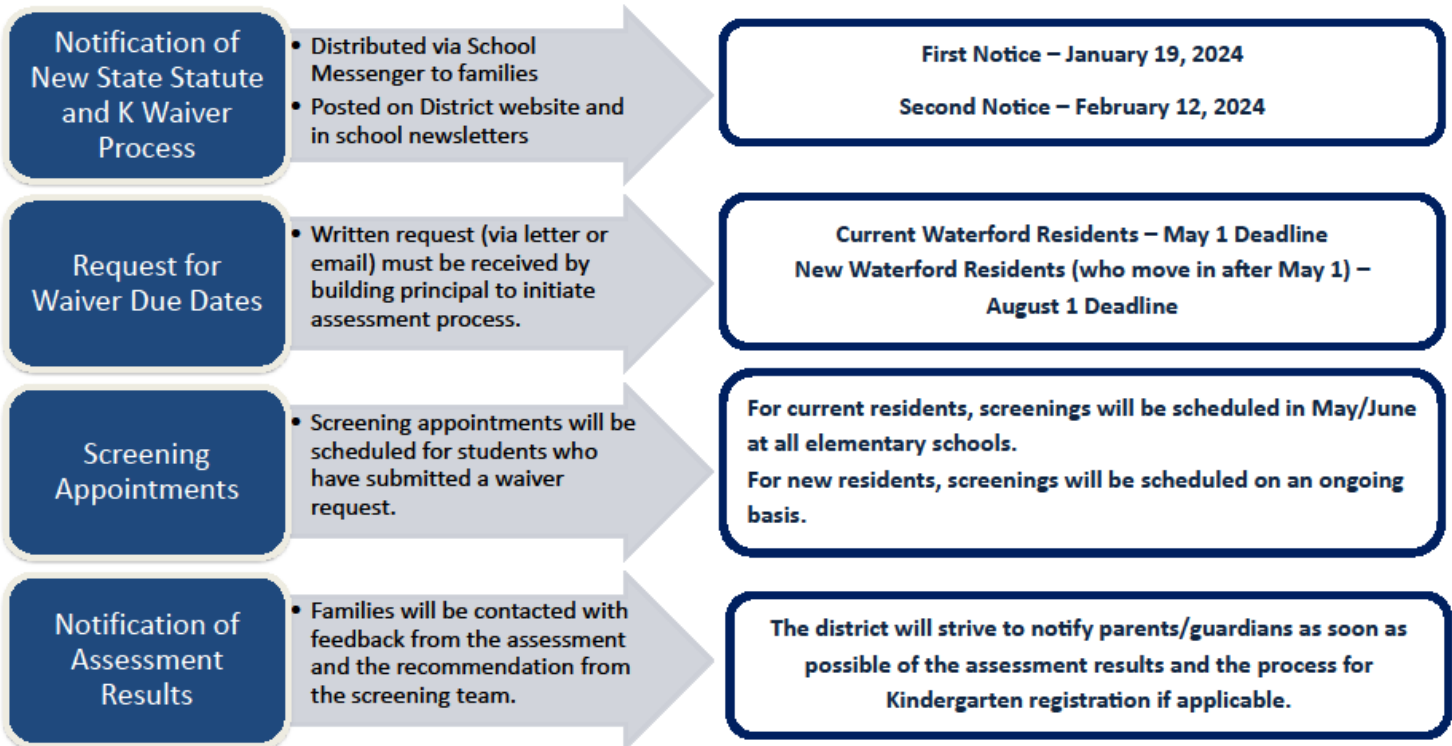
Oswegatchie Elementary School  
K Orientation Date – May 24, 2024

Quaker Hill Elementary School  
K Orientation Date – May 20, 2024





## WPS Kindergarten Waiver Process



*Kindergarten registration for students who turn 5 on or before September 1, 2024, will be eligible to register starting February 12, 2024. Parents/guardians of age eligible Kindergarten students are asked to return registration paperwork by March 8<sup>th</sup> to assist in enrollment projections in the 2024-2025 school year. More information on registration can be found on the district website.*

# MATH

# News

## Ways to Help Your Child Build a Love of Mathematics



## Make Math Fun!

Play games, do puzzles, and make up math challenges! Try a family Game Night, learn to play Sudoku or Yatzee!



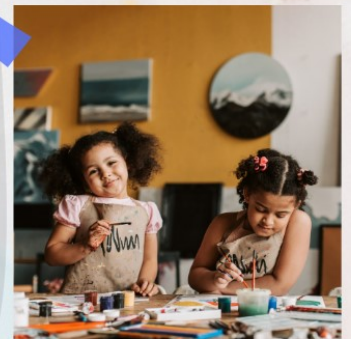
## Explore Math

Show your child how math is relevant to their daily lives, and how they can apply it. When cooking, measuring ingredients, and dealing with finances, for instance, it is important to understand the concept of math.



## Make Connections

Tie your child's interest to math. Put math in context of something that interests them!



## Model a Positive Attitude

Modeling a positive attitude toward math is crucial for your child's academic success. You can inspire your child to approach math with a curious and confident mindset.

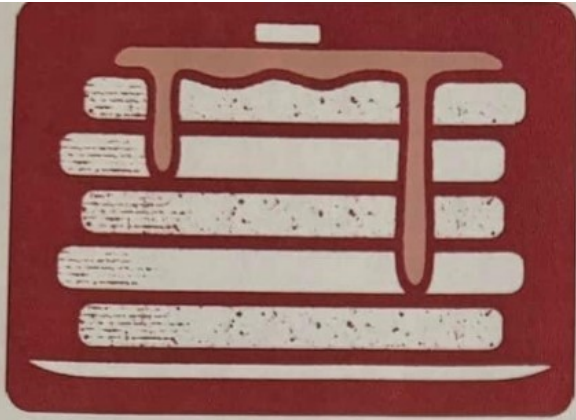


## CELEBRATE

Celebrate progress and achievements no matter how small they seem. This can help your child build confidence and motivation. It is more beneficial to emphasize the journey rather than the outcome.







# ***Flapjack*** FUNDRAISER

***Short Stacks for a Tall Cause***

You're Invited to an Applebee's® Flapjack Fundraiser Event to support

## **Waterford Football and Cheer League**

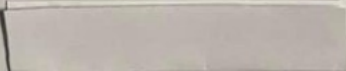
.....

**Tickets: \$10      Date: 03/02/24      Time: 8am - 10am**

.....

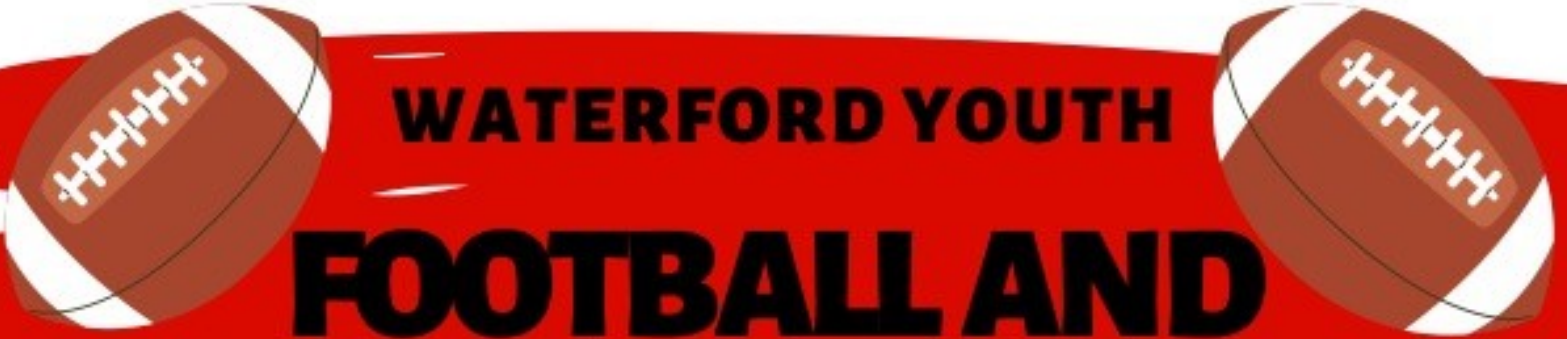
See organization for ticket purchase prior to event.

**For Ticket Purchases Contact  
Kim Welcome**

  
[welckim@aol.com](mailto:welckim@aol.com)

**Applebee's Location For Event  
350 Long Hill Road  
Groton, CT 06340-3829  
(203) 284-9956**





# WATERFORD YOUTH FOOTBALL AND CHEER



## EARLY BIRD REGISTRATION

REGISTRATION IS NOW OPEN! TAKE ADVANTAGE OF THIS  
EARLY BIRD SPECIAL!

EARLY BIRD \$125  
APRIL 1ST/MAY \$150  
JUNE 1ST LATE \$175

FLAG, PEEWEE, MICROS, JUNIORS, AND SENIOR FOOTBALL.  
SIDELINE, MINIS, MICROS, JUNIORS AND SENIOR CHEER.  
CREATING FUTURE ALLSTARS STARTS NOW. SCAN THE QR  
CODE TO JOIN TODAY.







FREE POP-UP  
INTERGENERATIONAL SCREENING OF



# REMEMBER THE TITANS

Saturday, February 24th,  
11:30am to 1:45pm  
Waterford Community Center

Come together to honor Black History Month with a catered lunch and a complimentary screening of the beloved modern classic, "Remember the Titans," hosted by Waterford Youth and Family Services, Waterford Senior Services, and our partners from Waterford RISE.



Free to Waterford residents, but must pre-register with QR code or go to [waterforyouthfamily.recdesk.com/Community/Program](http://waterforyouthfamily.recdesk.com/Community/Program)  
Limit of 4 tickets per household





# PARENTS NIGHT OUT

FRIDAY, MARCH 8

6:00 - 8:00PM



Hosted by  
Girl Scout Troop 63414  
\$10/ Child, \$5/ sibling  
Drop Off at Quaker  
Hill School.

Children Aged 3 - 10  
(Must be potty trained)



March 8  
6 - 8PM



285 Bloomingdale Rd  
Quaker Hill

Troop 63414 has completed their babysitter training and is excited to extend this opportunity to local families! CPR/1st Aid Certified/Background checked leaders will be present all night.

Save your spot!

Email [maytherese@gmail.com](mailto:maytherese@gmail.com) to RSVP or with any questions



Join Congregation Beth El

On Sunday, March 10, 2024 at 9:45 a.m.

for a special presentation:

**Stand Up to Antisemitism and Hate:  
What It Is and What We Can Do  
About It Together**

**Guest Speaker:**

**Stacey Gladstone Sobel, Esq.**

CT Regional Director ADL  
(Anti-Defamation League)



All are welcome!

RSVP for more information to

[office@bethel-nl.org](mailto:office@bethel-nl.org) or 860-442-0418



# Homework Club



**Starting February 1**

**Every Thursday from  
4:00 - 6:00 pm**



**Open to all elementary and  
middle school students,  
no registration required**

**Tutoring provided by Waterford High School  
Honor Society students on a first come, first  
serve basis. Parents and caregivers must  
remain at the library while their child is  
participating.**



860-444-5805  
49 Rope Ferry Road  
Waterford, CT

[www.waterfordpubliclibrary.org](http://www.waterfordpubliclibrary.org)

 **WATERFORD**  
public library



# QUAKER HILL FITNESS TEST

## HOW TO BE THE BEST

Fitness Testing occurs once a year for students in grades 3-12 all over the country. There are 4 different methods of testing that calculate a student, and schools, fitness levels through various exercises. Muscular Strength, Muscular Endurance, Flexibility, and Cardiovascular Endurance are all measured during Fitness testing. Throughout the year we practice all 4 areas of testing through different games, exercises, and warm up activities. However, a 45 minute class once a week is not enough! We need help from parents and guardians to show the importance of practice outside of school! Practice before bed, or on the weekends, to help improve our schools overall fitness!

### MUSCULAR STRENGTH

Otherwise known as our "Push-Up Test", this is Quaker Hills biggest area of need. Push-ups are difficult for all ages, especially if you do not practice often. The test is given through a 3 second "cadence" that goes "Down...up...down...up" at which time students are performing push ups. Students must have a flat back during the test, and go down to 90 degrees and back up. Start with 1 or 2 push-ups a night, then gradually increase over time!

### FLEXIBILITY

Generally Quaker Hills highest scoring test for girls, the "Sit and Reach Test" measures the flexibility of students in each leg. Students sit on the floor with shoes off, and one leg at a time measure how far they can reach on a "Sit and Reach Test box". No need to build or buy a box for practice at home, just simply take a couple minutes each night to practice stretching both legs. It is a great way to cool down your body before going to bed!

### MUSCULAR ENDURANCE

Our "Curl-Up Test" follows the same cadence as our push up test. Students lay flat on their back with their legs bent and feet FLAT on the floor. Feet CANNOT lift off the floor when performing curl ups. Students hands lay flat on the floor and on the "up" cadence students raise their bodies up and slide their hands 4 inches across the floor. On the "down" cadence, students lay all the way back down, making sure to put their heads back on the floor.

### CARDIOVASCULAR ENDURANCE

The "Pacer Test" measures a students cardiovascular endurance, simply put, how long they can run without stopping. The test follows a "beeping cadence" where students must run from one line to another, before the "beep" occurs. Over time the test will increase speed, forcing students to run faster with less time to rest. This is our HARDEST test and it is important to remember running is difficult. Try to be active as much as possible, and run/jog/walk when weather and time allows.

## Scoring For Fitness Testing:

Our goal each year is to be in the “Healthy Fitness Zone” for each test. At Quaker Hill we follow the 20-Meter Pacer test. Each test varies depending on the age of the student at the time of testing. Take a moment to look over scores with your QH student, and understand how to prepare for the upcoming testing!

### Standards for Health-Related Fitness Zones

- I = Needs Improvement Zone (does not meet health-related standard)
- F = Health Fitness Zone (meets health-related standard)
- H = High Fitness Performance Zone (exceeds health-related standard)

#### Boys

Age	20-meter PACER			15-Meter PACER			One-Mile Run/Walk			Sit-and-Reach			90° Push-Ups			Curl-Ups				
	Zone	I	F	H	I	F	H	I	F	H	I	F	H	I	F	H	I	F	H	
8	0-22*	23-61*	>61*	0-29*	30-80*	>80*	>12:30*	12:30-10:00*	<10:00*	0-7	8		0-4	5-13	>13	0-5	6-20	>20		
9	0-22*	23-61*	>61*	0-29*	30-80*	>80*	>12:00*	12:00-9:30*	<9:30*	0-7	8		0-5	6-15	>15	0-8	9-24	>24		
10	0-22	23-61	>61	0-29	30-80	>80	>11:30	11:30-9:00	<9:00	0-7	8		0-6	7-20	>20	0-11	12-24	>24		
11	0-22	23-72	>72	0-29	30-94	>94	>11:00	11:00-8:30	<8:30	0-7	8		0-7	8-20	>20	0-14	15-28	>28		
12	0-31	32-72	>72	0-41	42-94	>94	>10:30	10:30-8:00	<8:00	0-7	8		0-9	10-20	>20	0-17	18-36	>36		
13	0-40	41-83	>83	0-53	54-108	>108	>10:00	10:00-7:30	<7:30	0-7	8		0-11	12-25	>25	0-20	21-40	>40		
14	0-40	41-83	>83	0-53	54-108	>108	>9:30	9:30-7:00	<7:00	0-7	8		0-13	14-30	>30	0-23	24-45	>45		
15	0-50	51-94	>94	0-66	67-123	>123	>9:00	9:00-7:00	<7:00	0-7	8		0-15	16-35	>35	0-23	24-47	>47		
16	0-60	61-94	>94	0-79	80-123	>123	>8:30	8:30-7:00	<7:00	0-7	8		0-17	18-35	>35	0-23	24-47	>47		
17	0-60	61-106	>106	0-79	80-138	>138	>8:30	8:30-7:00	<7:00	0-7	8		0-17	18-35	>35	0-23	24-47	>47		
17+	0-71	72-106	>106	0-93	94-138	>138	>8:30	8:30-7:00	<7:00	0-7	8		0-17	18-35	>35	0-23	24-47	>47		

#### Girls

Age	20-meter PACER			15-Meter PACER			One-Mile Run/Walk			Sit-and-Reach			90° Push-Ups			Curl-Ups				
	Zone	I	F	H	I	F	H	I	F	H	I	F	H	I	F	H	I	F	H	
8	0-6*	7-41*	>41*	0-8	9-54*	>54*	>12:30*	12:30-10:00*	<10:00*	0-8	9		0-4	5-13	>13	0-5	6-20	>20		
9	0-6*	7-41*	>41*	0-8	9-54*	>54*	>12:30*	12:30-9:30*	<9:30*	0-8	9		0-5	6-15	>15	0-8	9-22	>22		
10	0-6	7-41	>41	0-8	9-54	>54	>12:30	12:30-9:30	<9:30	0-8	9		0-6	7-15	>15	0-11	12-26	>26		
11	0-14	15-41	>41	0-18	19-54	>54	>12:00	12:00-9:00	<9:00	0-9	10		0-6	7-15	>15	0-14	15-29	>29		
12	0-14	15-41	>41	0-18	19-54	>54	>12:00	12:00-9:00	<9:00	0-9	10		0-6	7-15	>15	0-17	18-32	>32		
13	0-22	23-51	>51	0-29	30-67	>67	>11:30	11:30-9:00	<9:00	0-9	10		0-6	7-15	>15	0-17	18-32	>32		
14	0-22	23-51	>51	0-29	30-67	>67	>11:00	11:00-8:30	<8:30	0-9	10		0-6	7-15	>15	0-17	18-32	>32		
15	0-31	32-51	>51	0-41	42-67	>67	>10:30	10:30-8:00	<8:00	0-11	12		0-6	7-15	>15	0-17	18-35	>35		
16	0-31	32-61	>61	0-41	42-80	>80	>10:00	10:00-8:00	<8:00	0-11	12		0-6	7-15	>15	0-17	18-35	>35		
17	0-40	41-61	>61	0-53	54-80	>80	>10:00	10:00-8:00	<8:00	0-11	12		0-6	7-15	>15	0-17	18-35	>35		
17+	0-40	41-72	>72	0-53	54-94	>94	>10:00	10:00-8:00	<8:00	0-11	12		0-6	7-15	>15	0-17	18-35	>35		





# 2024 SPRING BREAK SOCCER CAMP at CONNECTICUT COLLEGE

REGISTER HERE: [www.ReubenBurkCoachingCamps.com](http://www.ReubenBurkCoachingCamps.com) --or-- mail in this flyer attached with check

April 8-11th, 2024

Boys and Girls      Ages 5-15 (roughly)

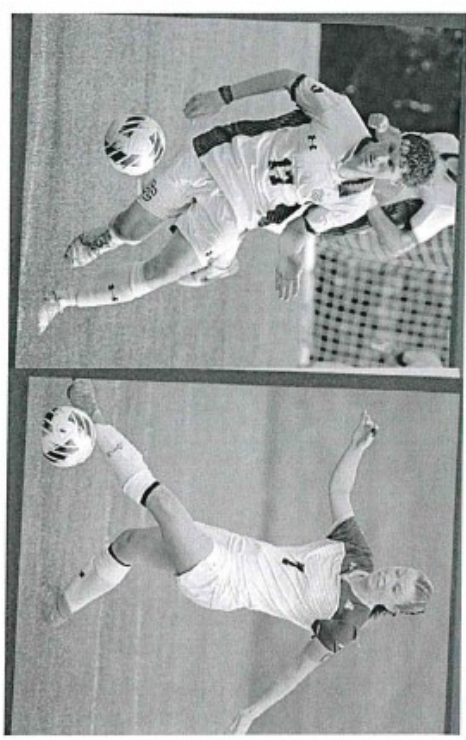
Monday-Thursday / 9AM - 12pm Noon

### CAMP DIRECTORS:

- **Reuben Burk** – Men's Head Coach, Connecticut College
- 2021 NCAA NATIONAL CHAMPIONS
- 2023, 2021, 2019 & 2018 NCAA Tournaments
- **Norm Riker** – Men's Women's Coach, Connecticut College
- 2014 NESCAC CHAMPIONS
- 2021, 2017 & 2016 NCAA Tournaments

### ASSISTANT DIRECTORS:

- **Andrew Storton** – Assistant Coach, Connecticut College Men's Soccer
- **Mia Santana** – Assistant Coach, Connecticut College Women's Soccer



This fun camp is designed to teach and refine campers' skills through small-sided games and technical training. Connecticut College soccer team members will be present to interact with and coach the campers.

*Please note, each camper must provide his/her own ball. Each child needs cleats + shinguards too! Please also pack plenty of water + snacks ;)*

**Cost: \$175 (before April 1st), \$200 (after April 1st); \$150 for each additional child - Please pay online ([www.ReubenBurkCoachingCamps.com](http://www.ReubenBurkCoachingCamps.com)) or alternatively, send checks by mail payable to **REUBEN BURK COACHING LLC**. If paying by check, please mail the check and detached registration form below to: Reuben Burk, 270 Mohegan Ave, New London, CT 06320 Attn: Men's Soccer Office. For more info please email [rburk@conncoll.edu](mailto:rburk@conncoll.edu)**

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone number(s): \_\_\_\_\_

Email: \_\_\_\_\_

I, \_\_\_\_\_, hereby certify that I am the parent or legal guardian of the camper and understand and agree that Connecticut College Soccer Spring Break Camp does not provide medical insurance covering injuries of any nature. The undersigned hereby releases Connecticut College Soccer Spring Break Camp, REUBEN BURK COACHING LLC, its successors, officers, agents, and employees from any and all claims, demands and causes of actions resulting from participation in Connecticut College Soccer Spring Break Camp. I hereby authorize the directors of Connecticut College Soccer Spring Break Camp to act within their best judgment in case of an emergency requiring medical attention. Further, I agree to indemnify, defend and hold harmless Connecticut College from any and all claims, demands and causes of action that arise from any negligent acts, conduct or omissions attributable to the camper's participation in the Connecticut College Soccer Spring Break Camp.

Signature of parent/guardian: \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_ Policy number: \_\_\_\_\_



# Waterford Soccer Club

## Spring Registration opens - January 1, 2024

**Travel League \$100**

Born 2010 - 2015

(2009 8th graders)

**Rec League \$80**

Born 2016 - 2018

**Tykes \$60**

Born 2019 - 2020

No Assessments for Spring

Travel open: 1/1/24 - 3/15/24

\$30 Late fees start: 3/1/24

Travel closes: 3/15/24

Rec open: 1/1/24 - 4/1/24

\$30 Late fees start: 3/15/24

Rec closes: 4/1/24

Tykes open: 1/1/24 (Never closes)



**REGISTER ONLINE AT:**

**[WWW.WATERFORDSOCCER.ORG](http://WWW.WATERFORDSOCCER.ORG)**

**QUESTIONS EMAIL: [WTFDSOCCERREGISTRAR@YAHOO.COM](mailto:WTFDSOCCERREGISTRAR@YAHOO.COM)**



**Youth Winter Reading Challenge**

Our Youth Winter Reading Challenge runs until February 26. Pick up a sheet for your age group in the Children's Room or print from our website. For ages birth to 18.

Saturday, February 3, 9:00AM – 5:00PM

**Take Your Child to the Library Day**

Celebrate Take Your Child to the Library Day with us! Kick off the morning with a musical performance from local favorite Steve Elci at 10:30 am then at 2:30 pm we will have a Character Party where we celebrate some of our favorite picture book characters. There will be crafts and activities all day in the Children's Room. All ages are welcome, no registration required. In the event of inclement weather, Take Your Child to the Library Day will be moved to Saturday, February 10.

**Bilingual Storytimes: In English & Spanish**

Join Ms. Emy for two sessions where we will sing songs and read books in both English & Spanish.

Tuesday, February 6, 5:30PM - 6:30PM

**Bilingual Pajama Storytime**

Feel free to dress comfy and bring your favorite stuffed animal and a blanket!

Saturday, February 24, 10:30AM - 11:30AM

**Bilingual Family Storytime**

Recommended for ages birth - five but all families are welcome to join. No registration required.

*Thank you to the Community Foundation of Eastern Connecticut for providing funding for these programs.*

Thursdays, February 1, 8, 15, 22 & 29, 4:00PM - 6:00PM

**Homework Club**

Need some extra assistance completing your homework after school? Stop by the library between 4:00 and 6:00 pm for our weekly Homework Club, run by tutors from the Waterford High School Honor Society. Students in elementary and middle school are welcome, no registration required. Please note, tutors are available on a first come first serve basis. Parents and caregivers must remain at the library while their child is participating.

Monday, February 26, 4:30PM - 5:30PM

**Junior Detectives Book Club**

If you're a fan of solving cases, this book club is the perfect place to share your passion for the genre. Bring your favorite mystery book to life with fellow Investigators - you choose the book! We will also make a fun craft. Recommended for ages 9 to 12 years old, registration is required.



Mondays, February 5, 12 & 26, 10:30AM - 11:00AM

**Family Storytime**

Get ready to read and get your wiggles out! Join Ms. Jenna at the library for some fun stories, songs, and dancing. Recommended for ages birth to five years old with a caregiver. No registration is required.

Saturday, February 24, 2:30PM - 3:30PM

**Harriet Tubman: A Woman with a Railroad**

Join us for an interesting and interactive afternoon of learning with a live performance of Harriet Tubman: A Woman with a Railroad by New London's own Adwoa Bandele-Asante. This program is free and open to all. This program is generously funded by CT Humanities.



## DROP IN CRAFTS

Monday, February 5, 4:00PM - 6:30PM

### Drop In STEM Adventure: STEM Station

Join us in the Children's Room between 4:00 and 6:30 pm to explore various STEM kits, that were donated by the local Girl Scouts. Recommended for ages 5 and up, no registration required.

Monday, February 12, 4:00PM - 6:30PM

### Drop in Craft: Bouquet of Hearts Card

Join us in the Children's Room anytime between 4:00 and 6:30 pm to make a heart bouquet card for your family or friends. Recommended for ages 5 and up, no registration required.



Tuesday February 27, 4:00PM - 6:00PM

### Build Club



Stop by the Children's Room anytime between 4:00 and 6:00 pm to build with a variety of STEM sets that we

have! Recommended for ages 4 and older, no registration required.

Tuesday, February 20, 2:00PM - 6:00PM

### Boardgame Bonanza

Stop by the library meeting room anytime between 2:00 and 6:00 pm to play one of our many board games! All ages are welcome, no registration required.



Wednesday, February 28, 5:30PM - 6:30PM

### Chess Club

Join us for our monthly Chess Club! Students from Waterford High School will be teaching basic chess skills as well as offering a space for more advanced students to practice against one another. Ages 6 and up, no registration required.

## GRAB & GO CRAFTS



Heart Friend  
Feb 3 to Feb 16



Dinosaur  
Feb 17 to Mar 1

Pick up supplies in the Children's Room to make Grab & Go crafts at home, while supplies last.

Step-by-step video tutorial on our Facebook page ([@waterfordpubliclibrary](https://www.facebook.com/waterfordpubliclibrary)).

## TEEN CORNER

Thursday, February 1, 5:30PM - 7:00PM

### Teen Craft Night

At this craft night participants will be learning how to knit an ear-warmer using only their fingers! Ages 11-18. Registration required.



Thursday, February 15, 5:30PM - 7:00PM

### Teen Drop In Craft: Scratch Art Cards



Stop into the Teen Area of the library between 5:30 and 7:00 pm to create a Scratch Art card! Ages 12 -18. No registration required.

## READ TO A DOG

Tuesday, February 13, 4:30PM - 5:30PM

### Read to Hodges

Saturday, February 10, 10:00AM - 11:00AM

### Read to Scout

No registration required, all ages welcome.



Friday, February 2, 11:00AM - 12:00PM

### Toddler Craft: Penguin

Join us for a fun crafting session where the little ones will create adorable penguins. For ages 3 to 5 years old, no registration is required.



Friday, February 9, 11:00AM - 11:45AM

### Story and Sensory Play

Join Miss Ashlee for a story and then explore multiple sensory stations! Recommended for ages 2 to 5 years old with a caregiver. No registration required.



Wednesday, February 21, 11:00AM - 11:45AM

### Toddler Art

This hands on art session is for young ones to explore through process art with the help of their adult. Miss Ashlee will start the session with a short story! For ages 3 to 5 years old, registration is required.



To keep up with all our activities follow us on Facebook and Instagram



@waterfordpubliclibrary



@waterfordlibraryct

Either call the library to register or go to our Calendar of Events page on our website.  
[www.waterfordpubliclibrary.org](http://www.waterfordpubliclibrary.org) 860-444-5805, Adult Ext 2, Youth Services Ext. 3



# February Lunch Menu



## FEBRUARY 2024 LUNCH K-12

LUNCH PRICES  
 Elementary \$3.25  
 CLMS \$3.50  
 WHS \$3.75  
 \*Second Meal=\$4.25 - Adult Meal \$5.00

### Monday

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to add funds to your child's account.

### Tuesday



### Wednesday

For the 23-24 school year, students qualified for **Reduced status** will receive one lunch at no cost per day

### Thursday

### Friday

**5** Crispy Chicken Sandwich on a WG Roll  
 Seasoned Potato Wedges  
 Cucumber slices with Ranch  
 Fresh Apple Milk

**6** Beef Nachos  
 With Cheddar Cheese sauce  
 Black Beans Golden Corn  
 Orange Smiles  
 Corn Muffin Milk

**7** *Italian Combo*  
 Breaded Baked Ravioli  
 Baked Mozzarella Sticks  
 Marinara Sauce Green Beans  
 Warm Italian Breadstick  
 Diced pears Milk

**8** Chicken & gravy  
 Brown Rice  
 Steamed Broccoli & Carrots  
 Diced Peaches  
 Baked WG Biscuit Milk

**9** *National Pizza Day!*  
 Cheese Pizza Slice  
 Baby carrots Ranch Cup  
 Cucumber wheels  
 Apple slices Milk

**12** *Chinese New Year!*  
 Yang's Orange Chicken (K-5)  
 General Taos's Chicken (6-12)  
 Vegetable Fried Rice  
 Broccoli & Carrots Orange smiles  
 Fortune cookie Milk

**13** *International Italian Food day!*  
 Penne' Pasta with meat sauce  
 Steamed Green Beans  
 Warm Dinner Roll  
 Diced Peaches Milk

**14** *Valentine's Day!*  
 Heart shaped chicken  
 Nuggets with dippin' sauce "Hug"  
 "Smile" Fries garlic "love" knot  
 Steamed "sweet" peas Milk  
 "Be Mine" 100% fruit juice sidekick

**15** Soft Beef & Cheese Tacos  
 Brown Rice  
 Fiesta Beans  
 Dragon Punch  
 Mini Corn Muffin Milk

**16** *Cheeseburger on WG Roll*  
 Sandwich Salad Cup  
 Baked Beans  
 Oven Fries Milk  
 Frozen Mango "Froot" Juice

**19**  
**School Holiday**  
**No School**

**20**  
**School Holiday**  
**No School**

**21** Crispy Chicken tenders  
 Choice of Dippin' Sauce  
 Potato Wedges  
 Green Peas Dinner Roll  
 Applesauce Milk

**22** Turkey & Cheese Grinder  
 Oven Baked Fries  
 Cucumber slices /Ranch cup  
 100% fruit juice Sidekick  
 Milk

**23** Cheese Pizza square  
 Spinach & Chic pea Salad  
 with Italian Dressing  
 WG Cookie  
 Fresh Apple Milk

**26** *Meatless Monday!*  
 Pizza Bites with marinara sauce  
 Baby Carrots Cucumber Wheels  
 Ranch Dressing  
 Apple slices Milk

**27** Beef & Cheese Tacos  
 Brown Rice Salsa  
 Fiesta Beans  
 Mini Corn Muffin  
 Dragon Punch Milk

**28** *National Pancake Day!*  
 Pancakes Syrup cup  
 Sausage Links  
 Potato Puffs  
 Mango Juice Milk

**29** Chicken Alfredo Twist  
 Steamed Broccoli  
 Diced Carrots  
 Warm Bread Stick  
 Orange Smiles Milk



All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are whole grain (WG); all other grains are enriched

**A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

**Alternate Choice Yogurt Meal AVAILABLE Daily** or Alternate Salad meal offered when available (See kitchen manager)

Yogurt Meal =Yogurt, Mozzarella string cheese, baby carrots, raisins, goldfish crackers, dinner roll, milk Salad Meal=Garden salad with egg, cheese stick garlic knot, fruit choice, milk

**Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and milk**

**\*Menus are subject to change**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

# March Lunch Menu

LUNCH

## MARCH 2024

WATERFORD SCHOOLS K-12

LUNCH PRICES

Elementary \$3.25

CLMS \$3.50

WHS \$3.75

\*Second Meal=\$4.25 - Adult Meal \$5.00

Monday

Tuesday

Wednesday

Thursday

Friday

For the 23-24 school year, students qualified for **Reduced** status will receive one lunch at no cost per day

<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">4</p> <p>Hotdog on a WG Roll Oven baked fries Steamed Golden Corn Baked beans Apple Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">5</p> <p>Beef &amp; Cheese Nacho Boat Lettuce &amp; tomato Fiesta beans Salsa Mini corn muffin Pineapple chunks Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">6</p> <p>Penne' Pasta <i>with</i> meat sauce Garlic knot Steamed Broccoli Diced Peaches Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">7</p> <p>PT Conferences/ Early Dismissal Cheese Quesadilla Seasoned sidewinder fries Golden steamed Corn Milk 100% Fruit juice Sidekick</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">1</p> <p>Pizza square Garden salad Baby carrots/ranch 100% Apple juice Milk</p>
<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">11</p> <p>Cheeseburger Sandwich salad cup Baked beans Oven fries Orange smiles Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">12</p> <p>"Brunch for Lunch" French toast sticks Potato puffs Sausage links Maple syrup Craisins Mango juice Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">13</p> <p>Chicken Alfredo On rotini pasta Broccoli Garlic bread Diced Peaches Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">14</p> <p>Soft Beef &amp; Cheese Tacos Fiesta beans Brown rice Lettuce &amp; tomato salsa Diced Pears Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">8</p> <p>Chicken nuggets Mashed potatoes Sliced steamed carrots Dinner roll Applesauce Milk</p>
<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">18</p> <p>Shamrock Mc Nuggets O'Smile fries Green Broccoli Pot o' Gold fish Green Apples Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">19</p> <p>"Yang's" Orange Chicken Brown rice Steamed sliced carrots Orange SMILES Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">20</p> <p>Macaroni &amp; Cheese Steamed peas Garden salad/ Italian Dressing Warm Dinner roll Diced Peaches Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">21</p> <p>Chicken tenders &amp; Waffle sticks syrup cup Sweet potato fries Cucumber wheels Applesauce Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">15</p> <p>Mozzarella sticks Marinara sauce cup Green beans Warm Bread stick Red seedless Grapes Milk</p>
<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">25</p> <p><i>Meatless Monday!</i> Grilled Cheese Sandwich Potato puffs Baby carrots /ranch Milk 100% frozen fruit juice Sidekick</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">26</p> <p>Chicken drummies Mashed potatoes Steamed Broccoli Warm dinner roll Applesauce Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">27</p> <p>Penne' Pasta <i>With</i> Meatballs &amp; Sauce Bread stick Green beans Diced Peaches Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">28</p> <p>Turkey &amp; Cheese Grinder Cucumber wheels Baby Carrots Ranch cup WG Doritos Apple Milk</p>	<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">22</p> <p>Pizza Bites Marinara sauce Cup Garden Salad/ Ranch Dressing Apple juice Milk WG Cookie</p>
<p style="text-align: center; background-color: #76923c; color: white; padding: 2px; border-radius: 5px;">29</p> <p style="text-align: center;"><b>School Holiday</b> <b>No School</b> Wellness Tip: <i>Start your day with a healthy breakfast!</i></p>				

All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are *whole grain (WG)*, all other grains are enriched

**A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

Alternate Choice Yogurt Meal AVAILABLE Daily or Alternate Salad meal offered when available (See kitchen manager)

Yogurt Meal =Yogurt, Mozzarella string cheese, baby carrots, craisins, goldfish crackers, dinner roll, milk      Salad Meal=Garden salad with egg, cheese stick garlic knot, fruit choice, milk

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



# February Breakfast Menu

## BREAKFAST

Breakfast includes: 2 oz. of Grain/1 cup of fruit/8 oz. milk

## FEBRUARY 2024 WATERFORD SCHOOLS K-8

One daily Breakfast at **no charge**  
to all students  
this 2023-24 school year!

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to add funds to your child's account.

#### Choice of: 5

French Toast Sticks  
Or WG Muffin or Cereal  
Craisins Milk  
100% Fruit Juice

#### Choice of: 6

Cinni- Oatmeal Breakfast Round  
Or WG Muffin or Cereal  
Applesauce Milk  
100% Fruit Juice

#### Choice of: 7

Early Riser Egg hash brown  
Or WG Muffin or Cereal  
Fresh Fruit Milk  
100% Fruit Juice

#### Choice of: 8

Warm Maple waffle  
Or WG Muffin or Cereal  
Banana Milk  
100% Fruit Juice

#### Choice of: 9

Egg & Cheese Breakfast Sandwich  
Or WG Muffin or Cereal  
100% Fruit Juice  
Fresh Fruit Milk

#### Choice of: 12

Early Riser Egg hash brown  
Or WG Muffin or Cereal  
Fresh Orange Milk  
100% Fruit Juice

#### Choice of: 13

Sweet Potato Roll  
Or WG Muffin or Cereal  
Banana Milk  
100% Fruit Juice

#### Choice of: 14

Mini WG bagels  
with strawberry cream cheese  
Or WG Muffin or Cereal  
Strawberry Cup Milk  
100% Fruit Juice

#### Choice of: 15

Egg & Cheese Breakfast Sandwich  
Or WG Muffin or Cereal  
Fresh Fruit Milk  
100% Fruit Juice

#### Choice of: 16

WG Goody Ring  
Or WG Muffin or Cereal  
Fresh Fruit Milk  
100% Fruit Juice

#### 19

SCHOOL HOLIDAY  
NO SCHOOL

#### 20

SCHOOL HOLIDAY  
NO SCHOOL

#### Choice of: 21

Egg & Cheese Breakfast Sandwich  
Or WG Muffin or Cereal  
100% Fruit Juice  
Fresh Fruit Milk

#### Choice of: 22

Cinni- Oatmeal Breakfast Round  
Or WG Muffin or Cereal  
100% Fruit Juice  
Applesauce Milk

#### National Banana Bread Day! 23

Choice of:  
**Warm Banana Bread**  
Or WG Muffin or Cereal  
Apple Milk  
100% Fruit Juice

#### Choice of: 26

Egg & Cheese Breakfast Sandwich  
Or WG Muffin or Cereal  
100% Fruit Juice  
Fresh Fruit Milk

#### National Strawberry Day! 27

Choice of: Mini bagels  
with strawberry cream Cheese  
Or WG Muffin or Cereal  
Strawberry Cup Milk  
100% Fruit Juice

#### National Pancake Day! 28

Choice of:  
**Confetti pancakes**  
Or WG Muffin or Cereal  
100% Fruit Juice  
Apple slices Milk

#### Choice of: 29

Early Riser Egg hash brown  
Or WG Muffin or Cereal  
100% Fruit Juice  
Fresh Fruit Milk

All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are *whole grain (WG)*, all other grains are enriched  
**A VARIETY OF FRESH FRUITS OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

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\*Menus are subject to change

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# March Breakfast Menu

## BREAKFAST

Breakfast includes: 2 oz. of Grain/1 cup of fruit/8 oz. milk WATERFORD SCHOOLS K-12

## MARCH 2024

One daily Breakfast at no charge  
to all students  
this 2023-24 school year!

Monday

Tuesday

Wednesday

Thursday

Friday



Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com)  
to add funds to your child's account.

**Surfs Up!** Ride the wave in for a delicious school breakfast  
**NATIONAL SCHOOL BREAKFAST WEEK March 4th-8th**

Choice of: **"Wipe Out"** 4  
Early Riser Egg & Hash Brown Patty  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: **"Stoked"** 5  
Sweet potato Roll  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: **"Hang Ten"** 6  
Egg & Cheese breakfast Sandwich  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: **"Gnarly"** 7  
Confetti pancakes  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 1  
WG Goody Ring  
Or WG Muffin or WG Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: **"Aloha"** 8  
Warm Banana Bread  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 11  
Mini Eggo Waffles  
Or WG Muffin or WG Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 12  
Blueberry Donut holes  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 13  
Early Riser Egg & Hash brown patty  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 14  
Confetti pancakes  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 15  
Breakfast pizza  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 18  
Confetti Pancakes  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 19  
Blueberry muffin  
Or WG Muffin or WG Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 20  
Mini French toast  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 21  
Early Riser Egg & Hash brown patty  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 22  
Mini Eggo waffles  
Or WG Muffin or Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 25  
Warm Banana Bread  
Or WG Muffin or WG Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 26  
Early Riser Egg & Hash Brown Patty  
Or WG Muffin or WG Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 27  
Mini Eggo Waffles  
Or WG Muffin or WG Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 28  
Breakfast Pizza  
Or WG Muffin or WG Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

Choice of: 29  
Egg & Cheese Breakfast Sandwich  
Or WG Muffin or WG Cereal  
Assorted Fruit Choices  
100% Fruit Juice Milk

All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are *whole grain (WG)*, all other grains are enriched  
**A VARIETY OF FRESH FRUITS OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

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# February Pre-K Menu

**BREAKFAST**  
**LUNCH**

## FEBRUARY 2024

### WATERFORD SCHOOLS PRE-K BREAKFAST AND LUNCH

\* 1 daily Breakfast at "no cost" for all students this school year!  
LUNCH \$3.25 MILK ONLY \$.75  
Milk choices: 1% White or skim

Monday

Tuesday

Wednesday

Thursday

Friday

For the 23-24 school year, students qualified for **Reduced status** will receive breakfast and lunch at no cost

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to check balance and/or add funds to your child's account.

French Toast Sticks  
Fresh Fruit Milk **5**

Crispy Chicken Sandwich  
Cucumber slices with Ranch  
Fresh Apple slices Milk

WG Cereal Milk  
100% Fruit Juice **6**

Soft Taco Golden Corn  
Orange Smiles  
Corn Muffin Milk

WG 2 oz. Muffin Milk  
100% Fruit Juice **7**

Sun butter sandwich  
Or flavored Yogurt  
Goldfish Crackers  
Apple slices Milk

WG 2 oz. muffin Milk  
100% Fruit Juice **1**

Cheesy pull apart  
Steamed broccoli  
Diced pears Milk

Early Riser Egg hash brown  
Milk 100% Fruit Juice **2**

Chicken Drumsticks  
Potato Tots  
Applesauce Milk

WG 2 oz. muffin Milk  
100% Fruit Juice **12**

**Chinese New Year!**  
Yang's Orange Chicken  
Vegetable Fried Rice  
Broccoli Orange smiles Milk

WG Cereal Milk  
100% Fruit Juice **13**

**International Italian Food day!**  
Penne' Pasta with meat sauce  
Steamed Green Beans  
Diced Peaches Milk

Flavored Yogurt  
Giant goldfish graham  
100% Fruit Juice Milk  
**Valentine's Day!**  
Heart shaped chicken Milk  
Nuggets with dippin' sauce "Hug"  
Smile Fries garlic "love" knot

WG 2 oz. Muffin Milk  
100% Fruit Juice **15**

Soft Beef & Cheese Taco  
Fiesta Beans  
Apple sauce Milk

WG Cereal Milk  
100% Fruit Juice **16**

Cheeseburger on WG Roll  
Baked Beans  
Oven Fries Milk

**19**

SCHOOL HOLIDAY  
NO SCHOOL

**20**

SCHOOL HOLIDAY  
NO SCHOOL

WG Cereal Milk  
100% Fruit Juice **21**

Crispy Chicken tenders  
Choice of Dippin' Sauce  
Potato Wedges  
Dinner Roll Milk

Cinni- Oatmeal Breakfast Round  
Milk Applesauce **22**

Turkey & Cheese Sandwich  
Oven Baked Fries  
Cucumber slices /Ranch cup  
Milk

**National Banana Bread Day!**  
Warm Banana Bread  
Milk 100% Fruit Juice **23**

Cheese Pizza square  
Spinach & Chic pea Salad  
with Italian Dressing  
Diced peaches Milk

Egg & Cheese Breakfast Sandwich  
100% Fruit Juice Milk **26**

**Meatless Monday!**  
Pizza Bites with marinara sauce  
Cucumber Wheels /Ranch  
Orange smiles Milk

**National Strawberry Day!**  
Mini bagels Milk  
with strawberry cream Cheese  
Strawberry Cup **27**

Beef & Cheese Taco  
Brown Rice Fiesta beans  
Milk

Flavored Yogurt  
Giant goldfish graham  
100% Fruit Juice Milk **28**

**National Pancake Day!**  
Pancakes  
Sausage Links  
Potato Puffs Milk

WG Cereal Milk  
100% Fruit Juice **29**

Chicken Alfredo Twist  
Steamed Broccoli  
Dinner roll Milk

BREAKFAST Includes: 1 cup of fruit, 4 oz. 100% fruit juice and choice of Milk All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are whole grain (WG), all other grains are enriched  
**A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"  
Alternate LUNCH Choice Yogurt Meal available or Alternate Salad meal offered= when available (See kitchen manager)

Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and milk \*Menus are subject to change  
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# March Pre-K Menu

**LUNCH**  
**BREAKFAST**

**MARCH 2024**

**WATERFORD SCHOOLS PRE-K BREAKFAST AND LUNCH**

\* 1 daily Breakfast at "no cost" for all students this school year!  
LUNCH \$3.25 MILK ONLY \$.75  
Milk choices: 1% White or skim

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

National "Surfs Up"  
School Breakfast Week  
March 4th-8th



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For the 23-24 school year, students qualified for **Reduced status** will receive breakfast and lunch at no cost.

**Early Riser Egg & Hash Brown Party** **4**  
100% fruit juice Milk  
  
Cheeseburger  
Oven fries  
Orange smiles Milk

**WG Muffin Applesauce Cup** **5** Milk  
  
Beef & Cheese Nacho Boat  
Mini corn muffin  
Fiesta beans Milk

**Egg & Cheese breakfast Sandwich** **6**  
100% fruit juice Milk  
  
Pasta with meat sauce  
Steamed Broccoli  
Diced peaches Milk

**Confetti pancakes** **7**  
100% fruit juice Milk  
*PT Conferences Early Dismissal*  
Chicken nuggets  
Mashed potatoes  
Applesauce Milk

**Warm Banana Bread** **8**  
Fresh banana Milk  
  
Pizza square  
Garden salad  
Milk

**Mini Eggo Waffles** **11**  
100% fruit juice Milk  
  
Cheese Quesadilla  
Golden steamed Corn  
Milk

**WG Cereal Banana Milk** **12** Milk  
  
French Toast sticks  
Potato puffs Sausage links  
Milk

**Yogurt/ goldfish grahams** **13**  
Berry Cup Milk  
Chicken Alfredo pasta  
Broccoli  
Diced peaches Milk

**Confetti pancakes** **14**  
100% fruit juice Milk  
  
Soft Beef & cheese Tacos  
Brown rice  
Diced pears Milk

**WG Muffin Banana Milk** **15** Milk  
  
Pizza square  
Green beans  
Applesauce milk

**Breakfast pizza** **18**  
100% fruit juice Milk  
  
Shamrock Mc Nuggets  
O'Smilely fries  
Green Broccoli Milk

**WG Cereal Applesauce Cup** **19** Milk  
  
"Yangs" Orange Chicken  
Brown rice  
Orange smiles Milk

**Mini French toast** **20**  
100% fruit juice Milk  
  
Macaroni & Cheese  
Garden salad  
Diced peaches Milk

**Early Riser Egg & Hash brown** **21**  
Banana Milk  
  
Chicken tenders  
Cucumber wheels  
Applesauce Milk

**Mini Eggo waffles** **22**  
100% fruit juice Milk  
  
Pizza Bites/sauce Cup  
Garden Salad/ Ranch Dressing  
Milk

**Warm Banana Bread** **25**  
100% fruit juice Milk  
  
Grilled Cheese Sandwich  
Potato puffs Diced peaches  
Milk

**WG Cereal Banana Milk** **26** Milk  
  
Chicken "drummies"  
Mashed potatoes  
Applesauce Milk

**Mini Eggo Waffles** **27**  
Berry Cup Milk  
Penne' Pasta & sauce  
Green beans  
Diced peaches Milk

**Breakfast pizza** **28**  
100% fruit juice Milk  
  
Sun butter & jelly Sandwich  
Cucumber smiles  
Orange slices Milk

**School Holiday** **29**  
**No School**

BREAKFAST Includes: 1/2 cup of fruit or 4 oz. 100% fruit juice and choice of Milk All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are whole grain (WG), all other grains are enriched  
**A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY** "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"  
Alternate LUNCH Choice Yogurt Meal available

Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and milk  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

\*Menus are subject to change



# 2023-24 Elementary Letter Rotation Schedule

August 2023				
Mon	Tue	Wed	Thu	Fri
		30	31	
		A	B	

September 2023				
Mon	Tue	Wed	Thu	Fri
				1
				C
	5	6	7	8
	D	A	B	C
11	12	13	14	15
D	A	B	C	D
18	19	20	21	22
A	B	C	D	A
	26	27	28	29
	B	C	D	A

October 2023				
Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
B	C	D	A	B
	10	11	12	13
	C	D	A	B
16	17	18	19	20
C	D	A	B	C
23	24	25	26	27
D	A	B	C	D
30	31			
A	B			

November 2023				
Mon	Tue	Wed	Thu	Fri
		1	2	3
		C	D	A
6		8	9	
B		C	D	
13	14	15	16	17
A	B	C	D	A
20	21			
B	C			
27	28	29	30	
D	A	B	C	

December 2023				
Mon	Tue	Wed	Thu	Fri
				1
				D
4	5	6	7	8
A	B	C	D	A
11	12	13	14	15
B	C	D	A	B
18	19	20	21	22
C	D	A	B	C*

January 2024				
Mon	Tue	Wed	Thu	Fri
	2	3	4	5
	D	A	B	C
8	9	10	11	12
D	A	B	C	D
	16	17	18	19
	A	B	C	D
22	23	24	25	26
A	B	C	D	A
29	30	31		
B	C	D		

February 2024				
Mon	Tue	Wed	Thu	Fri
			1	2
			A	B
5	6	7	8	9
C	D	A	B	C
12	13	14	15	16
D	A	B	C	D
		21	22	23
		A	B	C
26	27	28	29	
D	A	B	C	

March 2024				
Mon	Tue	Wed	Thu	Fri
				1
				D
4	5	6	7	8
A	B	C	D*	A
11	12	13	14	15
B	C	D	A	B
18	19	20	21	22
C	D	A	B	C
25	26	27	28	
D	A	B	C	

April 2024				
Mon	Tue	Wed	Thu	Fri
1		3	4	5
D		A	B	C
15	16	17	18	19
D	A	B	C	D
22	23	24	25	26
A	B	C	D	A
29	30			
B	C			

May 2024				
Mon	Tue	Wed	Thu	Fri
		1	2	3
		D	A	B
6	7	8	9	10
C	D	A	B	C
13	14	15	16	17
D	A	B	C	D
20	21	22	23	24
A	B	C	D	A
	28	29	30	31
	B	C	D	A

June 2024				
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
B	C	D	A	B
10	11	12		
C	D*	A*		



■ No School  
 \* Early Dismissal  
 Updated 12/20/2023

August 2023				
Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28*	29*	FD	31	

(2 day ~ 2 cumulative)

- 8/28 – ± Staff Convocation
- 8/29 – \* PD - No School – PK-12
- 8/30 – First Day of School

September 2023				
Mon	Tue	Wed	Thu	Fri
				1
SH	5	6	7	8
11	12	13	14	15
18	19	20	21	22
SH	26	27	28	29

(19 days ~ 21 cumulative)

- 9/4 – School Holiday (Schools Closed)
- 9/25 – School Holiday (Schools Closed)

October 2023				
Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
SH	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

(21 days ~ 42 cumulative)

- 10/9 – School Holiday (Schools Closed)

November 2023				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	PD	8	9	SH
13	14	15	16	17
20	21	School Holiday		
27	28	29	30	

(17 days ~ 59 cumulative)

- 11/7 – \* PD No School for Students – PK-12
- 11/10 – School Holiday (Schools Closed for Students), P/T Conferences
- 11/22 – 11/24 – School Holiday (Schools Closed)

December 2023				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
School Holiday				

(16 days ~ 75 cumulative)

- 12/22 - Early Dismissal PK-12
- 12/25 – 12/29 – School Holiday (Schools Closed)

January 2024				
Mon	Tue	Wed	Thu	Fri
SH	2	3	4	5
8	9	10	11	12
SH	16	17	18	19
22	23	24	25	26
29	30	31		

(21 days ~ 96 cumulative)

- 1/1 – School Holiday (Schools Closed)
- 1/15 – School Holiday (Schools Closed)
- 1/18-1/23 – \*\* Midterm Exams: Early Dismissal 9-12

February 2024				
Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
SH	21	22	23	
26	27	28	29	

(19 days ~ 115 cumulative)

- 2/19-2/20 – School Holiday (Schools Closed)

March 2024				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	PT	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	SH

(20 days ~ 135 cumulative)

- \*\* 3/7 – P/T Conferences: Early Dismissal PK-12
- 3/29 - School Holiday (Schools Closed)

April 2024				
Mon	Tue	Wed	Thu	Fri
1	PD	3	4	5
School Holiday				
15	16	17	18	19
22	23	24	25	26
29	30			

(16 days ~ 151 cumulative)

- 4/2 – \* PD No School for Students – PK-12
- 4/8 - 4/12 – School Holiday (Schools Closed)

May 2024				
Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
SH	28	29	30	31

(22 days ~ 173 cumulative)

- 5/27 – School Holiday (Schools Closed)

June 2024				
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	LD	13	14
17	18	19	20	21
24	25	26	27	28

(8 days ~ 181 cumulative)

- 6/6 – 6/11 – \*\* Final Exams: Early Dismissal 9-12
- 6/11 - \*\* Early Dismissal PK-12
- 6/12 – Last Day of School Early Dismissal PK-12



**NOTE:** Snow days will be added onto the school year as needed.

BOE Approved: December 8, 2022  
 Revision Approved: December 19, 2023

± Staff Convocation is for all staff of the Waterford Public Schools  
 \* Professional Development is for Administrators, Teachers, Paraprofessionals 8 AM-3 PM  
 \*\* Full day for Paraprofessionals